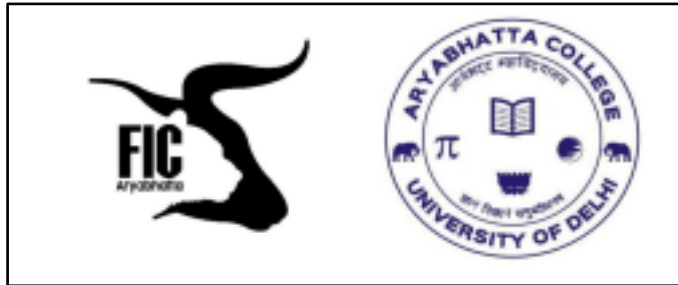


**ARYABHATTA COLLEGE
THE FINANCE AND INVESTMENT CELL
SESSION REPORT - YOU GROW GIRL**



Chief Patron: Prof. Manoj Sinha

Convener: Prof. JK Singh

Coordinator: Dr Pritika Dua

Co-coordinator: Ms Cherry Uppal, Mr Sanket Shekhar, Dr Shipra Aggarwal and Ms Gayatri Yadav

Date of Seminar: 4th July 2023

"You Grow Girl" Campaign by Yuvaaa with Ms. Navya Naveli Nanda

Introduction

The "You Grow Girl" campaign, sponsored by L'Oréal India and organized by Yuvaaa, hosted a compelling workshop aimed at raising awareness about street harassment. This insightful event took place on 4th July in the Activity room of Aryabhatta College, University of Delhi, and was organized by the Finance and Investment Cell.

Event Highlights:

The workshop was inaugurated with an auspicious lamp lighting ceremony, symbolizing the illumination of knowledge and the eradication of darkness. The esteemed dignitaries present during the opening ceremony included Prof. JK Singh, Convener of the Finance and Investment Cell, and Dr. Pritika Dua, Coordinator of the event.

Key Objectives:

1. **Awareness Dissemination:** The primary objective of the workshop was to create awareness about the pervasive issue of street harassment and its profound impact on individuals and society.

2. **Empowerment:** Through engaging sessions, the workshop aimed to empower participants, especially young women, with knowledge, strategies, and resources to effectively address and combat street harassment.

3. **Inspiration:** Ms. Navya Naveli Nanda, a prominent advocate for women's rights,



shared her insights and experiences to inspire the audience and foster a sense of unity and courage.

Session Highlights:

The workshop comprised an array of engaging sessions designed to address various aspects of street harassment:

1. Interactive Talks: Ms. Nanda delivered a thought-provoking talk, sharing her personal anecdotes and perspectives on the importance of standing up against street harassment. Attendees were encouraged to share their stories and engage in discussions.

2. Legal Awareness: Legal experts shed light on the legal provisions and mechanisms available to combat street harassment, empowering attendees with knowledge about their rights and recourse.

3. Self-Defense Techniques: A self-defense expert conducted a practical session on basic self-defense techniques, equipping participants with valuable skills to ensure their safety.

4. Counselling and Support: Mental health professionals offered insights into the psychological impact of street harassment and provided guidance on seeking support and coping mechanisms.

Impact and Way Forward:

The workshop proved to be an enlightening experience, leaving participants with a deeper understanding of street harassment and the tools to confront it. Attendees expressed gratitude for the opportunity to learn from Ms. Nanda's experiences and the insights shared by the experts.

The Finance and Investment Cell, along with Yuvaana, remains committed to extending the impact of the "You Grow Girl" campaign. We intend to organize further initiatives that contribute to the empowerment and well-being of individuals, particularly women, in our community.

Acknowledgments:

We extend our heartfelt gratitude to L'Oréal India for their sponsorship, Ms. Navya Naveli Nanda for her inspirational presence, and the entire organizing team for their dedication in making this workshop a success.

Conclusion:

The "You Grow Girl" workshop served as a significant step towards building a safer and more equitable society by addressing the issue of street harassment. It is our hope that the knowledge and inspiration gained from this event will contribute to a



lasting positive impact on participants' lives and communities.



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